

Girl Scout Brownie Manners Badge:

Making Friends



Marjorie Merriweather Post, who once lived at Hillwood, enjoyed entertaining guests. She was known for being a gracious and welcoming hostess.

Today at Hillwood you will practice using good manners to show you respect others. When you know the proper way to behave in a situation you will also feel more confident and at ease.

To earn your *Making Friends* badge:

- Complete all the “Try This!” activities in this booklet.
- Keep track of the activities you complete by marking the checkbox on each page.
- You or your troop leader can purchase the Making Friends badge from the Girl Scout Council of the Nation’s Capital to get the badge that you earned by completing these activities.

Step #1 — Making friendly introductions.

Introduce yourself.

Imagine you are invited to a party at Hillwood, hosted by Marjorie Post. You would be greeted by your hostess in the French Drawing Room before dinner started and would have time to enjoy some refreshments here before going to the Dining Room for dinner.

Try This!

#1

Practice introducing yourself by role playing a scene in the French Drawing Room:

You've just been greeted by your hostess, Marjorie Post. Imagine you are mingling with the other guests. Introduce yourself to one of the guests you do not know.

Start with a friendly greeting such as:

- Hello!
- Good evening!

Next, say who you are:

- My name is _____.

Start a conversation by:

- Sharing something about yourself. (*I like to play soccer.*)
- Giving a compliment. (*What a nice dress you are wearing!*)
- Asking a question. (*Have you read any interesting books lately?*)

Remember: body language is important!

- Make eye contact.
- Smile.
- Speak clearly and in a positive tone.
- Stand up and shake hands.

Step #2 — Show friends you care

Give something special to a friend.

When Marjorie Post moved to Hillwood, her friends wanted to give her a special gift to express their appreciation of her. They dedicated a garden to her called the Friendship Garden. On a plaque in the garden her friends wrote a note to Mrs. Post:

“Dedicated by her friends as a tribute to Marjorie Merriweather Post for her generous nature love of beauty and devotion to human needs.”



plaque

Try This!

#2

Visit the **HEALTH HELPER** near Hillwood’s **LUNAR LAWN**.

Make a friend feel great by writing something you are grateful for about your friend in an activity led by Laurie Tucker, owner of WellStyles Consulting.

Then give your “grateful card” as a gift to your friend to remind them of what makes them special.

Step #3 — Share favorite activities.

Try an activity that's new to you with a friend.

Marjorie Post believed in living a healthy lifestyle and she enjoyed many active pursuits outdoors, including walking in her gardens and golfing.

Sometimes she might invite friends to join her. Here is a picture of Marjorie Post golfing with friends and family.



Try This!

#3

Visit the **GARDEN GAMES** near Hillwood's **LUNAR LAWN** with a friend to choose an activity at today's Girl Scout Garden Party that neither of you have done before and try it out together!

Some choices include:

- Putting on the Putting Green
- Jump Rope
- Hula Hoop
- Horseshoe Toss
- Hopscotch
- Croquet
- Badminton
- Yoga (led by "Health Helper" Laurie Tucker)
- Other: _____

Step #4 — Learn how to disagree.

Find kind words.

Parties at Hillwood provided an opportunity for political guests, who often disagreed with each other, to form friendships. This could help them make important decisions and work out compromises, even when they didn't always agree.

Try This!

#4 

Make a list, in the space below, of words that make you feel good. Use these words to say kind things to friends, even when you disagree.

Here are a few examples, to get you started:

- You are a nice, kind person.
- I enjoy playing with you.
- You make me laugh!

Your kinds words:

Step #5 — Practice friendship!

Go to an activity together.

It's time to practice your friendship skills! List here the top three things you've discovered make someone a good friend:

Try This!

#5 

Visit the **ART PROJECT** near Hillwood's **LUNAR LAWN**. Choose one of the three art activities to do together. Practice being a good friend and saying nice things to each other while you do the activity!